

## *St. Luke's Episcopal Church Newsletter* Late Pentecost/Fall 2019

### A Letter from Our Rector



#### **Be Content**

A couple of weeks ago I was on the phone with a clergy friend of mine who has been through some very serious struggles these last few years. Between illness, relationship breakups, and church life in general, it is amazing that she still has a wonderful attitude on life. When I asked how she keeps this attitude when all is falling down

around her, she replied, “ Look in Philippians 4:11-13. Paul tells us about contentment. This is what I use every day and I don’t know what I would do without his words.”

Opening my Bible, I found the words, “In am not saying this because I am in need, for I have **learned to be content** whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned **the secret of being content** in any and every situation, whether well fed or hungry, whether living in plenty or in want. **I can do everything through him who gives me strength.**” (emphasis mine). In his letter to Philippi, Paul appreciates the gifts they have given him, but not to be dependent on the people of that city. His source of contentment, no matter what the circumstances, comes from God. Paul understands that to rely on others for his happiness is futile because we are not perfect and will eventually fail. The best way to handle life and its ups and downs is to look to God, who is perfect and will never fail to give us strength.

The word content is not to be confused with the word complacent. To be content is to be satisfied and at ease, while complacent is self-satisfaction. This is the

secret to being content no matter what life throws at us is to live in union with Christ and not look to ourselves for contentment.

So let us learn to be content in any and every situation and draw on the strength to be content that is ours through Jesus Christ.

Happy Fall!

Mother Sue+

### Pet Blessing



On Sunday, October 6<sup>th</sup>, we will have the annual pet blessing at 9:25 am before the service starts. We will say a prayer together and Mother Sue will give each pet an individual blessing. Bring your dog,

cat, emu, bunny, lizard, horse...All pets and their humans from the community are welcome.

### Sunday School



This year the Sunday School class will continue with the Episcopal Children's Curriculum.

For the first quarter we will be studying the Judges /Kings of Israel. We began with Joshua taking over leadership from Moses and bringing the people into the promised land after forty years in the wilderness. The children painted rocks as the Israelites left rocks in places they stayed.

We will continue with Deborah-(a judge)-Gideon, Samuel and more.

~Justy Nazar

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## Adult Ed: The Way of Love

Thanks to Mary Kalel for leading this weekly study on Wednesdays at 10!  
*The Way of Love study was designed to be spare and spacious, so that individuals, ministry groups, congregations, and networks can flesh it out in unique ways and build a church-wide treasure trove of stories and resources. There is no specific order you need to follow. If you already keep a Rule or spiritual disciplines, you might reflect and discover how that path intersects with this one. By entering into reflection, discernment and commitment around the practices of **Turn - Learn - Pray - Worship - Bless - Go - Rest**, I pray we will grow as communities following the loving, liberating, life-giving way of Jesus. His way has the power to change each of our lives and to change this world.*



*Tuesday, October 8<sup>th</sup> 1:00 pm: Salt & Pepper, Route 2, Wilton  
and*

*Monday, December 2<sup>nd</sup>, 1:00 pm.: Potluck & Yankee Swap, St. Luke's*

## Lobster Lookback

The 2019 Lobster Roll Lunch Fundraiser has gone into the books as another successful event. Our final reports show a profit of \$4500 so a job well done. This fundraiser provides an extra month's income to our budget so while it's a lot of work, it has proved to be profitable to not only our budget but in strengthening the St. Luke's community through the opportunity of fellowship. **I'm hoping that someone will prayerfully consider stepping up to help chair the future events.** Anyone who considers stepping into a chairing role doesn't have to follow exactly what has been done in the past, you can look at the notebook in the office and use that as a guideline and make any changes you want if you have fresh ideas. ~Mary Kalel

## Early Music Concert at St. Luke's

- Friday, November 8<sup>th</sup> at 7 pm—

What is “early music”? Is it music that is heard before 9 in the morning? Is this category changing as time marches on? For example, do we consider 20<sup>th</sup> century music “early” because we are in the 21<sup>st</sup> century?

On Friday, November 8<sup>th</sup>, 7 pm, parishioners John and Kathryn Sytsma and five of their friends and one of their sons (Willem) will bring their recorders, viols, guitars, psaltery, voices, and organ (St. Luke's organ will be used, with the “pluckie” option used part of the time to make it sound like a harpsichord.).

Together we will present a beautiful array of medieval, renaissance, and baroque music (ca 1100 – 1750). Instructional remarks will help answer this enigmatic early music question—ha ha—and we will perform the pieces in chronological order (almost).

I'm hoping to incorporate some help from younger parishioners for scattering rose petals, holding up suitable artwork, and playing percussion.

The public is invited so please invite friends and family. We will take a “free-will” offering, so be generous. 80% goes to St. Luke's. Thank you.

~Kathryn Sytsma



### **HANNAFORD GIFT CARDS!**

***Do you know someone who could use convenient gift card?***

***Would you like a simple way to support the church?*** Hannaford Gift Cards are a simple solution! Using the card for regular purchases and gifts benefits the church, as St. Luke's

receives 5% of every \$1000 purchased, an easy way to support valued programs at St. Luke's. It really adds up! ***Please see Carolyn McLaughlin for yours!***



## Halloween at St. Luke's

Start planning your costume! We should be heating up the cider by 4 or 4:30 pm.



We will need:

- \*Two carved pumpkins for jack-o-lanterns
- \*Apple cider—eight gallons
- \*Candy, candy, candy
- \*In addition to donations, we need kitchen angels (to supply the upstairs with cold and hot

cider), two people to serve cider, and two or three to hand out candy.

Again this year, I will donate non-candy or safe (from the top allergens) candy for those kiddos with life threatening food allergies as part of the Teal Pumpkin Project. Unfortunately, I can't be here this year as it is Toby's opening night in the school play.

~Lisa Lindsay

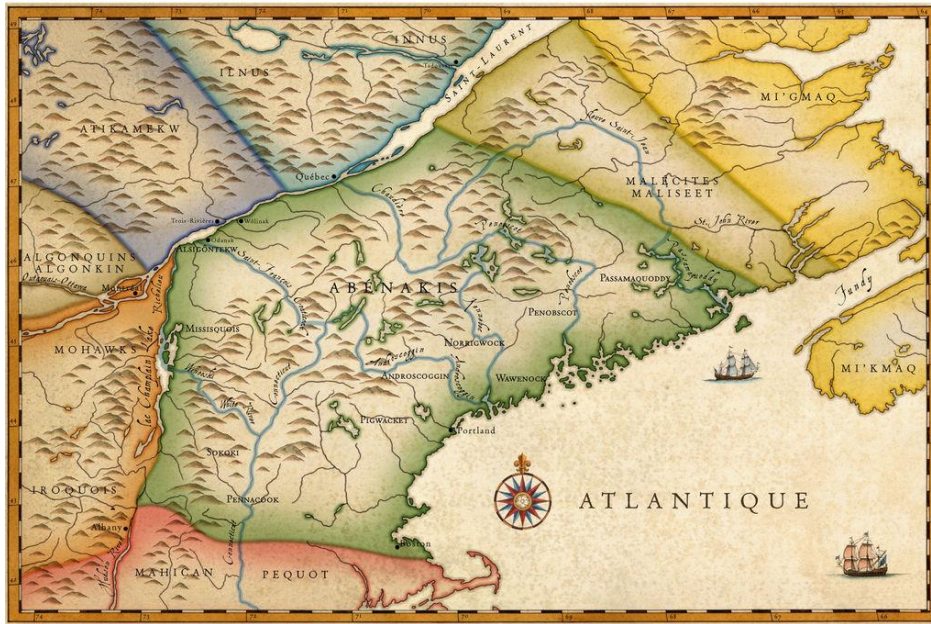
November 27th  
9 am - Noon  
By pre-order

**Thanksgiving  
PIE SALE**



Bakers needed!  
Watch for sign-ups  
in November

## Indigenous Peoples' Day Coffee Hour Discussion



The first Indigenous Peoples' Day (formerly known as Columbus Day) in Maine is October 14<sup>th</sup>. Chris Beach and Lisa Lindsay will lead a roundtable during coffee hour on October 6<sup>th</sup>. We thought some might like a little background and an opportunity to ask questions. Grab some refreshments and join us. We will be respectful of your time.

St. Luke's Vestry will hold a retreat on October 19<sup>th</sup> from 9 am to 3 pm at Brenda's home.

Please be thinking about where you see St. Luke's in five years. Also, as Brenda wraps up as Sr. Warden, St. Luke's needs someone to step into that role. The senior warden is usually the primary elected lay leader of the congregation, and serves as a principal liaison between the parish and the rector.



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DOING  
THE MOST  
GOOD®

St. Luke's has partnered with The Salvation Army for many years to provide a free coat closet for kids and adults. All coats are dry cleaned. The closet is located in the south stairwell of the church.

## Poetry Corner

### *Autumn, Henry Wadsworth Longfellow*

Thou comest, Autumn, heralded by the rain,  
With banners, by great gales incessant fanned,  
Brighter than brightest silks of Samarcand,  
And stately oxen harnessed to thy wain!  
Thou standest, like imperial Charlemagne,  
Upon thy bridge of gold; thy royal hand  
Outstretched with benedictions o'er the land,  
Blessing the farms through all thy vast domain!  
Thy shield is the red harvest moon, suspended  
So long beneath the heaven's o'er-hanging eaves;  
Thy steps are by the farmer's prayers attended;  
Like flames upon an altar shine the sheaves;  
And, following thee, in thy ovation splendid,  
Thine almoner, the wind, scatters the golden leaves! —



### *a prayer for the season*

God of all seasons, we thank you for Autumn.

We thank you

for the touch of coolness in the air that gives us a new  
burst of energy,

for the coloring of trees that shows the creativity of the Divine Artist,

for the falling leaves that reveal the strength of the branches,

for the hues of fields that bring peace to our souls,

for the smiles on pumpkins that bring joy to children,

for the fall harvest which that brings us gratitude for the bounty of our  
land,

for this change of seasons that reveals the circle of life.

God of all seasons, as you transform the earth, transform us by your  
Spirit.

Amen

# St. Luke's Episcopal Church

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**207-645-2639**

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**Web Address:** www.stlukeswilton.org

## St. Luke's Who to Contact

<b>Rector</b>	The Rev. Suzanne Cole	897-5621
<b>Sr. Warden:</b>	Brenda Holman	778-3397
<b>Jr. Warden:</b>	John Sytsma	778-9825
<b>Clerk:</b>	Jeannine LeVigne	860-8487
<b>Treasurer:</b>	Dick Condon	778-4425

## ***Other Vestry Members:***

Carolyn McLaughlin, Emily Scribner, Michelle Ouellette, Chris Cox,  
Mary Kalel

<b>Parish Administrator:</b>	Lisa Lindsay	645-2639
<b>Altar Guild Director:</b>	Chris Cox	645-2829
<b>Church School:</b>	Justy Nazar	645-2783
<b>Acolyte Mentor:</b>	Kristy Labonte	897-5755
<b>Newsletter:</b>	Lisa Lindsay	645-2639
<b>Episcopal Church Women:</b>	Carolyn McLaughlin	645-2312
<b>Lectors/Lay Readers:</b>	Lisa Lindsay	645-2639
<b>Hospitality:</b>	Mary Kalel	508-341-8408